

Lunch Price \$2.50

Lunch includes one Entrée,
Fruit & Vegetable choices,
& choice of Milk

Daily Milk Selection \$.60

1% White,
Non-Fat White,
Non-Fat Chocolate
Non-Fat Strawberry

Assorted Cold Sandwiches:

Turkey/Cheese,
Ham/Cheese,
Egg Salad, Tuna Salad,
Chicken Salad, PBJ

Fruit Variety:

Chilled Fruit, Apple Wedges,
Whole Apple, Banana,
Orange, Grapes
Raisins, Craisins

Veggie Variety:

Sliced Cucumbers
Grape Tomatoes
Baby Carrots
Garbanzo Beans

Bottled Water—\$.60 or
free cup for fountain water

To make a
prepayment to your child's
lunch account, please
send in cash or a check
in an envelope with the
Student's Name & ID #.
Please make check
payable to
"UCF CAFETERIA"

Online Payments at
REVTRAK.com

*Please see next menu
page for more details!

Apply for Free/Reduced
Priced Meals at :
www.schoolcafe.com



UCFSD Elementary Lunch Menu November 2019



Hillendale



Daily Entrees:
Assorted Cold Sandwiches
Garden Salad Entrée w/ Wheat Roll
Yogurt Combo Fun Pack

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| 28 | 29 | 30 | HAPPY HALLOWEEN ! 31 | 1 |
|---|---|--|--|---|
| Entrees Chicken Patty on Bun Grilled Cheese Sandwich Sides Tomato Soup Fruit Variety Veggie Variety Daily Milk Selection * | Entrees Rib B Que Sandwich Bosco Sticks w/Marinara Sauce Sides Steamed Corn Fruit Variety Veggie Variety Daily Milk Selection * | Entrees BBQ Turkey on Bun Pizza Flatbread Sides Romaine Salad Fruit Variety Veggie Variety Daily Milk Selection * | Entrees Chicken Tenders w/Biscuit Fish Sticks w/Biscuit Sides Steamed Broccoli Fruit Variety Veggie Variety Teddy Grahams Daily Milk Selection * | Entrees Pancakes w/Sausage Egg & Cheese Bagel Sandwich Sides Hash Brown Potato Fruit Variety Veggie Variety Fresh Baked Cookie Daily Milk Selection * |
| 4 | 5 | 6 | 7 | 8 |
| Entrees All Beef Hot Dog on Bun Max Sticks w/Marinara Sauce Sides Baked Beans Fruit Variety Veggie Variety Cheddar Goldfish Daily Milk Selection * | No School Today!! | Entrees Hard/Soft Shell Taco Cheese Quesadilla Wedge Sides Steamed Corn Fruit Variety Veggie Variety Lettuce/Tomato/Salsa Daily Milk Selection * | Entrees Spicy Chicken Patty on Bun Mac & Cheese w/TX Toast Sides Fruit Variety Romaine Caesar Salad Veggie Variety Daily Milk Selection * | Entrees Ham/Cheeseburger on Bun Cheese Ravioli w/TX Toast Sides Fruit Variety Veggie Variety Tater Tots Daily Milk Selection * |
| 11 | 12 | 13 | 14 | 15 |
| Entrees Chicken Smackers w/Pretzel Stuffed Shells Sides French Fries Fruit Variety Veggie Variety Daily Milk Selection * | Entrees Beef Nachos Tortilla Chips /Cheese Sauce Sides Steamed Corn Refried Beans Fruit Variety Veggie Variety Daily Milk Selection * | Entrees Grilled Chicken Filet on Bun Personal Pan Pizza Sides Steamed Broccoli Fruit Variety Veggie Variety Daily Milk Selection * | Entrees Penne Pasta w/Meatballs Mozzarella Sticks w/Marinara Sides Romaine Salad Fruit Variety Veggie Variety Animal Crackers Daily Milk Selection * | Entrees Homestyle Chicken Quesadilla Macaroni & Cheese w/TX Toast Sides Green Beans Fruit Variety Veggie Variety Daily Milk Selection * |
| 18 | 19 | 20 | TURKEY DINNER DAY! 21 | 22 |
| Entrees Sweet & Sour Chicken, Rice, Roll Sea Wonders w/Roll Sides Fruit Variety Romaine Caesar Salad Veggie Variety Graham Cracker Treat Daily Milk Selection * | Entrees Hot Hammie on Pretzel Roll French Bread Pizza Sides Fruit Variety Sweet Potato Crinkles Veggie Variety Daily Milk Selection * | Entrees Meatball Sandwich Baked Potato, Cheese, Roll Sides Fruit Variety Veggie Variety Steamed Broccoli Fresh Baked Cookie Daily Milk Selection * | Entrees Hot Turkey Bowl Bosco Sticks Sides Steamed Corn Stuffing/Mashed Potatoes Fruit Variety Pumpkin Pie Daily Milk Selection * | Entrees BBQ Pulled Pork on Bun Cinnamon French Toast Sides Fruit Variety Potato Smiles Veggie Variety Daily Milk Selection * |
| 25 | 26 | 27 | HAPPY THANKSGIVING! 28 | 29 |
| Student Half Day Breakfast Served Pre Order Lunches Only (Form on Page 3 of this Menu) | Student Half Day Breakfast Served Pre Order Lunches Only (Form on Page 3 of this Menu) | Student Half Day Breakfast Served Pre Order Lunches Only (Form on Page 3 of this Menu) | | |

ELEMENTARY SCHOOL BREAKFAST PROGRAM

Don't skip that morning meal! Studies have shown that children who eat a nutritious breakfast are more attentive in class, score higher on standardized tests, and are healthier than those children who do not eat breakfast. With today's busy schedules, many families do not have time to fit a balanced meal into their morning schedules. The School Breakfast Program is available for children to get their day started with a nutritious meal that parents can feel good about. The kids like it because they can enjoy breakfast with friends while enjoying those few extra minutes of sleep in the morning before the bus.

Breakfast is \$2.00 for the meal. It includes: Entrée, Fruit and Milk Variety.

| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|---|--|--|---|--|
| <u>Entrées:</u> Apple Frudel White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt Fruit Variety Milk Variety | <u>Entrées:</u> French Toast Sticks White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt Fruit Variety Milk Variety | <u>Entrées:</u> Breakfast Pizza White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt Fruit Variety Milk Variety | <u>Entrées:</u> Pancakes White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt Fruit Variety Milk Variety | <u>Entrées:</u> Waffles White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt Fruit Variety Milk Variety |

STUDENT ACCOUNT INFORMATION

To make a prepayment to your child's cafeteria account, please send in cash or a check payable to "UCF Cafeteria." Indicate the teacher and the full name of the student along with the Student ID number in the memo if you have it.

To view nutritional/allergen information or to view a history of your child's purchases online, please go to www.schoolcafe.com. School Café will only be used for nutrition information or account history. You will not be able to make a payment on School Café this year.

Please use Rev Trak to add money to your child's account using credit/debit card or electronic check. Rev Trak is our online payment service provider this year because it charges a lower fee and allows parents to pay for other school related fees in addition to funding a cafeteria account. Create your account today by going to www.revtrak.com and register for a free account. You will need to have your student's ID number to create the account. If you have questions, feel free to contact the Food Service Office at 610-347-0970 ext 3334.

**Parent/Teacher Conference Day
LUNCH ORDER FORM**

MONDAY, NOVEMBER 25

LUNCH: \$2.50

First Name: _____

Last Name: _____

Homeroom: _____

Student ID: _____

Lunch packs will be handed out before the end of the half day. Please fill out details below and return no later than Friday, November 22nd.

We will deduct the charges from your student's lunch account.

If you are approved for free/reduced meals, you can use this form to reserve your breakfast and lunch each day.

Lunch Package Includes: Choice of Entrée, Apple Slices, Fresh Baby Carrots, Fun Size Snack & Bottled Water

Please circle selection below:

PIZZA FUN LUNCH

(our version of a pizza lunchable)

YOGURT FUN PACK

(Includes Yogurt, Cereal & Cheese Stick)

Cheerios

Lucky Charms

Cinnamon Toast Crunch

Cocoa Puffs

**Parent/Teacher Conference Day
LUNCH ORDER FORM**

TUESDAY, NOVEMBER 26

LUNCH: \$2.50

First Name: _____

Last Name: _____

Homeroom: _____

Student ID: _____

Lunch packs will be handed out before the end of the half day. Please fill out details below and return no later than Friday, November 22nd.

We will deduct the charges from your student's lunch account.

If you are approved for free/reduced meals, you can use this form to reserve your breakfast and lunch each day.

Lunch Package Includes: Choice of Entrée, Apple Slices, Fresh Baby Carrots, Fun Size Snack & Bottled Water

Please circle selection below:

PIZZA FUN LUNCH

(our version of a pizza lunchable)

YOGURT FUN PACK

(Includes Yogurt, Cereal & Cheese Stick)

Cheerios

Lucky Charms

Cinnamon Toast Crunch

Cocoa Puffs

**Parent/Teacher Conference Day
LUNCH ORDER FORM**

WEDNESDAY, NOVEMBER 27

LUNCH: \$2.50

First Name: _____

Last Name: _____

Homeroom: _____

Student ID: _____

Lunch packs will be handed out before the end of the half day. Please fill out details below and return no later than Friday, November 22nd.

We will deduct the charges from your student's lunch account.

If you are approved for free/reduced meals, you can use this form to reserve your breakfast and lunch each day.

Lunch Package Includes: Choice of Entrée, Apple Slices, Fresh Baby Carrots, Fun Size Snack & Bottled Water

Please circle selection below:

PIZZA FUN LUNCH

(our version of a pizza lunchable)

YOGURT FUN PACK

(Includes Yogurt, Cereal & Cheese Stick)

Cheerios

Lucky Charms

Cinnamon Toast Crunch

Cocoa Puffs